

Bio from [www.rickhowland.ca](http://www.rickhowland.ca)

Rick Howland is a Canadian, Green Card toting LA Actor, who is best known for the role of Trick in five seasons of the hit SyFy series "Lost Girl". Since moving to LA, he has been in Richard Elfman's feature "Bloody Bridget" as the father in a father and son Comedian/Lawyer duo (he complied and wrote the jokes for the standup scene), he was Borachio in "Much Ado..." at the Shakespeare Club in Pasadena, the evil antagonist in the feature film "Captain Tsunami's Army", played opposite Chris Mulkey in "A Safe Guide to Dying", a severed head on a shelf in "Good Head", the Weregoat Dr. Stan in the web-series "The Vamps Next Door" (he co-wrote an episode) and King Richard III in "Literary Personals".

Also notable, he was Harry Buttman in the top-grossing Canadian feature "Bon Cop Bad Cop". Other selected guest stars include "Killjoys", "Sanctuary", "Murdoch Mysteries" and "Sue Thomas F.B.Eye".

Howland wrote and directed the short films "Safer At Home", "Underwritten" and "#Inclusion Rider the movie", he also produced, directed, and edited the web-series "Backseat with P and J".

As singer/songwriter you can find his album "Hold my Hand" on iTunes or your favorite streaming site. The song "She's a Goddess" was placed in Season 4 Episode 2 of "Lost Girl".

Selected theatre credits include: "Veriété", "Shooting Penguins", "A Short History of Night", and Mr. Tumnus in "Lion the Witch and the Wardrobe". He founded and performed in the comedy troupe "The Four Strombones".

He currently studies with Steve Braun at the BGB studio in Burbank.